



Healthy Me, Happy Me!

BIRCH CLASS - Autumn 1 5th September 2017- 29th September 2017

Rationale

This unit has been designed to welcome the children to their new classroom and will allow the children the chance to learn about themselves and their peers. The historical element of the topic will be sharing the changes in their lives and the significant events in their lives, such as; birth, first birthday, starting nursery, starting school etc. Alongside this the children will learn about the skill of chronology and ordering events into chronological order. In Science, the children will be focusing on learning about animals, including humans and how they grow. Within this, the children will be finding out the basic needs for survival and learning the importance of exercise, eating the right foods and hygiene. The children will be continuing the theme of healthy eating, during their Art lessons, where they will be looking at the work of Guiseppe Arcimboldo, who uses fruit to create portraits. They will be discussing his work and using his ideas as inspiration for their own fruit portraits. During their English lessons, the children will have the chance to discuss their favourite stories, listen to their peers share their information and create a fact file, all about themselves.



Start Date: 5 th September 2017	End Date: 29 th September 2017
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Take Home Tasks:
 Could the children all bring in a baby photo of themselves for Monday 11th September 2017. We are going to share these and see whether the children can guess who is in each picture.

Core Learning Value

Creativity and Independence

Thinking skills

Being independent learners

PSHE - Relationships (communication and trust)
 RE - The creation story.
 ART - Painting seascapes and observational drawings.
 PE - Athletics and Swimming
 DT- We will be creating our own moving cars.



Hook

The children will receive a letter and a basket of food from Mo Farrah explaining that to be a great sportsman you have to exercise and eat healthy food. The children will help Mo sort the healthy and unhealthy foods out from the basket and then using these foods they will create a plate of food to send Mo Farrah as a suggestion for a healthy meal.

Outcome:
 A learning journey with all their topic work will be created and each child will create a fact file about themselves.



The role play area will be a healthy café. Children will have the chance to use money and have writing opportunities.

Numeracy Focus this half term... This unit has a large maths focus of problem solving but we will still be focussing on number, shape and measures. This term the children will be looking at;

- Ordering numbers
- Estimation
- Place value
- Counting with one to one correspondence
- Counting in 10s.

How you can help at home:

This term is an important term for the children to settle into Birch Class and to understand the expectations of the class. Like all other classes across the school, reading as often as possible is really important for the children, and so making sure that the children are reading where possible at home is a great help to us all.

Another really important area for children in KS1 is spelling. There are lists of words that the children need to be spelling correctly for their year group, and you will have a copy of these in the children's phonics packs. It would be a great help, if you could be practicing these spellings at home with the children, when possible. In their phonics packs, there are also some spelling games which might be of some use to you, when practicing at home.

In Birch Class we have indoor PE on a Monday for the whole class and outdoor PE on Tuesday afternoons for Year 2 and Wednesday afternoons for Year 1. Please could you make sure that the children have the correct PE kit in school for PE days. As we are entering into the Autumn term, please could you make sure the children have tracksuit bottoms, a hoodie and trainers for their outdoor sessions and shorts for their indoor sessions.